



**Uncle John Luke and Aunt Alada.**

**—Submitted by Deanna Mason**

DEAF  
PUNCH  
HURT

No matter how you say it, it's all abuse.

*Talking to your doctor about abuse isn't easy.*

*But sometimes it can help.*

*When you're ready, we're here to listen.*



*A message from The American College  
of Obstetricians and Gynecologists*

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**MOUNTAIN®  
comfort**

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FREE SEMINAR IS FOR